DIY Clifton Farm Run 2020

12-20 September

Off-road (tracks/grass), Clifton Bury Farm

- Pick a date / time to suit yourself
- 3k or 5k routes marked out
- Run or walk
- Record your own time
- Win a medal \(\overline{\pi} \)
- Support All Saints Academy & All Saints Church
- Entry by donation (Suggested £10 adult, £5 child, £25 family)
- Like us on Facebook
- Tell us when you've done the run/walk on FB



Lots of people have been running or walking down the paths on Clifton Bury Farm during the Lockdown. This is an opportunity to keep doing what you have been doing, have a bit of fun and support our local school and church.

You can run at a time to suit yourself, you can even have as many goes to get a time you are happy with!

- Keep your distance from other people on the paths and tracks
- Remember this is a working farm, make way for farm vehicles and keep to the designated paths
- Take care of your own wellbeing

The forms and route maps available on the Clifton

website: www.clifton-beds.co.uk

Email: diyfarmrun2020@clifton-beds.co.uk

Enter your time, details and donate via the Entry form when you have done the run. Times will be published on website, Facebook and Clifton Chronicles.

- £ All Saints Church will use funds raised towards the internal redecoration planned in 2021-22
 - £ All Saints Academy funds for *SEND resources

 Courtesy of Clifton Bury Farm

Keep fit, Stay active, Beat Coronavirus

*SEND means Special Educational Needs and Disabilities

