

MORNING PRAYER IN LENT

O Lord, open our lips

All and our mouth shall proclaim your praise.

Prayer of Thanksgiving

All: Blessed be God forever.

All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

Opening Prayer

The night has passed, and the day lies open before us; let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever.

All Amen.

The appointed psalm is said.

At the end:

All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

Canticle

The Song of Manasseh, Refrain:

All Full of compassion and mercy and love is God, the Most High, the Almighty.

Scripture Readings

The readings appointed for the day are read. A responsorial may follow afterwards.

To you, O Lord, I lift up my soul;

All O my God, in you I trust.

You are the God of my salvation,

All To you, O Lord, I lift up my soul.

In you I hope all the day long.

All O my God, in you I trust.

Remember, Lord, your compassion and love, for they are from everlasting.

All To you, O Lord, I lift up my soul;

O my God, in you I trust.

Sermon/Reflection

Gospel Canticle

All Blessed are those who hunger and thirst for righteousness, for they shall be satisfied

1 Blessed be the Lord the God of Israel, who has come to his people and set them free.

2 He has raised up for us a mighty Saviour, born of the house of his servant David.

3 Through his holy prophets God promised of old to save us from our enemies, from the hands of all that hate us,

4 To show mercy to our ancestors, and to remember his holy covenant.

5 This was the oath God swore to our father Abraham: to set us free from the hands of our enemies,

6 Free to worship him without fear, holy and righteous in his sight all the days of our life.

7 And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare his way,

8 To give his people knowledge of salvation by the forgiveness of all their sins.

9 In the tender compassion of our God the dawn from on high shall break upon us,

10 To shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

All Blessed are those who hunger and thirst for righteousness, for they shall be satisfied

Prayers

The Collect

The Lord's Prayer

Our Father in heaven, Hallowed be your name;

Your kingdom come; Your will be done;

On earth as in heaven. Give us today our daily

bread. Forgive us our sins, as we forgive those

who sin against us. And lead us not into

temptation; but deliver us from evil.

For the kingdom, the power and the glory

are yours, now and for ever, Amen

May God our Redeemer show us compassion and love.

All Amen.

Let us bless the Lord.

All Thanks be to God.